J-1 Program Extensions are processed in-person during an individual Faculty & Scholar Advising appointment. Appointments can be scheduled online, and should be arranged at least two weeks prior to the expiration date on your DS-2019.

Required Documentation

- A letter from your sponsoring professor requesting the J-1 program extension, including the following information:
  - Your name and UT EID
  - Reason for the extension
  - Date of the extension
  - Amount of university funding provided for the duration of the extension, if applicable
  - Whether or not insurance benefits are provided by the department
- Verification of funding (if you will not be financially supported by your department). Funding must meet the amounts below, and cover the entire period of the extension.
  - J-1 Scholar: $1,425/month
  - J-2 Dependent Spouse: $725/month
  - J-2 Dependent Child: $300/month per child
- Verification of health, medical evacuation, and repatriation insurance that meets U.S. Department of State requirements.
  - Insurance must be valid through the end of the current semester or the end of the J-1 program, whichever is earlier.
  - If you are covered by UT Employee health insurance, print confirmation from your UT Direct profile and bring separate confirmation of medical evacuation and repatriation insurance. For instructions on how to purchase repatriation and medical evacuation insurance through International SOS, see our online handout.
- Passport
- Most recent I-94 Arrival Record (paper I-94 card or a printed version of your electronic I-94)
- Current/Prior DS-2019(s)
- J-2 Dependent documentation, if applicable (passport, visa, I-94, DS-2019)

Maximum Duration

No extension can be granted beyond these category maximum:

- Research Scholar or Professor – maximum of five years
- Student Intern or Specialist – maximum of twelve months
- Short-term Scholar – maximum of six months

Extending Your J-1 Visa

A J-1 Program Extension results in an extension of your DS-2019 and your lawful immigration status in the United States, but does not extended the validity of the J-1 visa in your passport. If your J-1 visa is expired and you travel outside of the United States during the extended period, you must apply for a new visa at a U.S. Embassy or Consulate abroad prior to re-entering the United States. Canadians are exempt from the visa requirement.