STUDY ABROAD
FOR HUMAN DEVELOPMENT AND FAMILY SCIENCES MAJORS

College of Natural Sciences
THE UNIVERSITY OF TEXAS AT AUSTIN

STUDY ABROAD
INTERNATIONAL OFFICE
THE UNIVERSITY OF TEXAS AT AUSTIN
WHY YOU SHOULD STUDY ABROAD

Study abroad programs provide Human Development and Family Sciences majors with access to interesting and relevant courses around the world. Immerse yourself in a new culture while earning credits toward your degree. It is possible for HDFS students to go abroad for a semester and still graduate on time!

WHAT YOU NEED TO KNOW

PREMIER PARTNER UNIVERSITIES
CNS faculty members have carefully chosen highly-ranked universities and pre-approved science courses needed to complete your degree.

CREDIT
Choose from a wide selection of pre-approved course offerings. Visit the “My Credit Abroad” database online to view direct course matches.

EXPERIENTIAL LEARNING
Several programs allow you to include undergraduate research or an internship during your stay abroad.

PRE-HEALTH PROFESSIONS OPTIONS
Explore the “Study Abroad Guide for Pre-Health Professions” online and speak with your academic advisor early to discuss options.

AFFORDABILITY
Consider the real cost of studying abroad: the difference between a semester in Austin and a semester abroad. UT awards hundreds of study abroad scholarships that can help offset costs.

“Studying abroad is a life-changing opportunity because it allows you to experience firsthand other cultural beliefs and values. Learning about another culture can deepen awareness of your own culture and help you reflect on your own life.”

— Deborah Jacobvitz, Professor and Department Chair, Department of Human Development and Family Sciences, College of Natural Sciences
QUESTIONS

TO ASK YOUR ACADEMIC ADVISOR

• Visit the Human Ecology Advising Center online: http://he.utexas.edu/school/degrees-advising/advising-center

• What classes must I complete on campus for my degree?

• What core or major requirements can I complete abroad?

• What remaining prerequisites must I fulfill, and how will study abroad impact my progress?

• How many hours of upper-division credit do I need to complete for my degree?

• How many hours of elective (lower vs. upper division) credit do I have remaining in my major?

• Are there any in-residence requirements I need to be aware of before I go abroad?

TO ASK YOUR STUDY ABROAD COORDINATOR

• How will I get credit for the courses I take abroad?

• How can I get courses approved for my program(s) of interest?

• What do I need to consider in preparing an estimated budget for my program(s) of interest, and what expenses do I need to plan for up front?

• Where can I find more information about scholarships for study abroad?

• How can I contact UT students who have participated in my program(s) of interest?

TO ASK THE OFFICE OF STUDENT FINANCIAL SERVICES

• Learn about study abroad and financial aid before you contact Financial Services. Visit: http://world.utexas.edu/abroad/funding

• How do loans work for study abroad? What kinds of aid/loans do I currently receive, and are there any restrictions on this aid if I study abroad?

• Have I reached the maximum of (insert name of) loan allowed per academic year?

• When will funds be released for my semester of participation?

• How will additional scholarships impact my UT financial aid?

“My trip abroad provided me with invaluable experience and the credits counted toward my major! I recommend every student look into studying abroad.”

— Scarlett Mitchell, Italy
Each program below has numerous courses pre-approved for UT credit which apply to HDFS degree requirements. Visit the “My Credit Abroad” database online to view direct course matches: http://world.utexas.edu/abroad/credit

**AUSTRALIAN NATIONAL UNIVERSITY, CANBERRA, AUSTRALIA**
ANU is Australia’s only national university, located in the heart of the capital city. ANU consistently ranks among the best universities in the world, especially in the sciences, making it the perfect choice for students seeking world-class academics. Canberra also offers an abundance of outdoor adventures and cultural opportunities.

**DIS - DANISH INSTITUTE FOR STUDY ABROAD, COPENHAGEN, DENMARK**
Courses taught in English. DIS is a high-quality study abroad program that offers a variety of relevant courses. With concentrations in Child Diversity and Development, Psychology, and Sociology, HDFS students will find a range of pre-approved courses offered. The program is based in Denmark, recognized as the happiest nation in the world.

**NATIONAL UNIVERSITY OF SINGAPORE**
Courses taught in English. The eclectic mix of East and West in cosmopolitan Singapore makes the exchange program at NUS an engaging choice. Students may choose from hundreds of pre-approved courses in the sciences, liberal arts, and business. Example courses include Adolescent Psychology and Childhood and Youth.

**UNIVERSITY COLLEGE LONDON, ENGLAND**
Located in a city of over eight million people, UCL is among the world’s top universities. This exchange program is ideal for independent students looking for a challenging academic experience at a prestigious institution.

**UNIVERSITY OF CAPE TOWN, SOUTH AFRICA**
Courses taught in English. UCT is internationally recognized as one of Africa’s leading research universities. In addition to taking HDF courses, students have the option of engaging in an independent research project and are encouraged to participate in community service. Example courses include Early Intervention and Child Language.
UNIVERSITY OF MELBOURNE, AUSTRALIA
University of Melbourne ranks among the top universities in the world. The campus is located just five minutes from the vibrant downtown area. With numerous pre-approved courses available across all fields, Melbourne has been a top destination for UT students.

UNIVERSITY OF NEW SOUTH WALES, SYDNEY, AUSTRALIA
Ideally situated in the eastern suburbs of Sydney, this program allows students to study at one of the country’s best universities while getting a taste of Australian culture, great weather, and beautiful beaches.

UNIVERSITY OF OTAGO, DUNEDIN, NEW ZEALAND
The University of Otago has earned an international reputation for the quality of its research and teaching with courses available across all disciplines. The campus is located on the coast in a vibrant, beautiful and peaceful place to live and study. Example courses include People Under Three and Relationships in Inclusive Settings.

UNIVERSITY OF QUEENSLAND, BRISBANE, AUSTRALIA
As a higher education leader in Australia, UQ offers research, internship, and volunteer opportunities. Example pre-approved courses of interest include Developmental Disorders of Childhood and Parenting and Family Psychology.

UNIVERSITY OF SUSSEX, BRIGHTON, ENGLAND
Located in a coastal city, the University of Sussex has been a top choice of UT science students in recent years. Brighton has one of the youngest per capita populations in the UK and boasts a vibrant arts and entertainment scene. Surrounded by beautiful South Downs National Park, the campus combines award-winning architecture with lush green open spaces.

UNIVERSITY OF SYDNEY, AUSTRALIA
The University of Sydney offers a wide selection of HDF courses pre-approved for credit such as Developmental Psychology, Changing Childhoods, and Play and Learning in Early Childhood. Exchange students can also apply to the Study Abroad Internship Program which exposes participants to Australian workplace culture through hands-on experience outside of the classroom.

UPPSALA UNIVERSITY, UPPSALA, SWEDEN
Courses taught in English and Swedish. Established in 1477, Uppsala University is regarded as one of the best universities in Europe. The UT “Swedish Excellence Endowment” offers significant scholarship funding specifically for UT Austin students. A wide selection of science courses is available, and students can opt to enroll in Swedish language courses as well.

“Living with a family definitely added to the experience since I was exposed to the culture firsthand. The experiences that come with studying abroad are unlike anything you can learn from books.”
— Valeria Munoz, Spain
# MAPPING YOUR SEMESTERS

Sample plans specific to each of the HDFS major options are available under the “International Study” section of the UT College of Natural Sciences website. Use the samples to help incorporate a semester abroad into your degree plan.

## SAMPLE STUDY ABROAD PLAN (14-16 CATALOG)

**BS IN HUMAN DEVELOPMENT & FAMILY SCIENCES (OPT 1: EARLY CHILDHOOD)**

### FIRST YEAR

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<th>Fall</th>
<th>Spring</th>
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<tr>
<td>HDF 304</td>
<td>HDF 312</td>
<td>Elective*</td>
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<td>M 408C or 408N</td>
<td>HDF 313/113L</td>
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<td>PSY 301*</td>
<td>Visual &amp; Performing Arts*</td>
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<td>RHE 306</td>
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<td>HDF 315L</td>
<td>NTR 306*</td>
<td>GOV 312*</td>
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<td>E 316L/M/N/P*</td>
<td>Support Course</td>
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<td>BIO 311C*</td>
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<td>Elective*</td>
<td>BIO 311D or CH 302*</td>
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<tr>
<td>Social Science (ECO, ANT, or PSY)*</td>
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### THIRD YEAR

**Study Abroad**

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<tbody>
<tr>
<td>HDF (upper division)</td>
<td>HDF 378L*</td>
<td>American History*</td>
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<td>Social Science (upper division ECO, ANT, or PSY)</td>
<td>HDF (option from list)*</td>
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<tr>
<td>Support Course (per academic advisor)</td>
<td>HDF (option from list)*</td>
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<tr>
<td>Science (AST, BIO, CH, CS, GEO, M, NTR or PHY)</td>
<td>Support Course (per academic advisor)*</td>
<td>American History*</td>
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### FOURTH YEAR

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<tr>
<td>HDF 340</td>
<td>HDF 652F or 652P</td>
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<td>HDF 338</td>
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<td>Elective*</td>
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* These are alternate courses that can be rotated to a semester abroad, allowing flexibility to consider a wider selection of programs. Speak with your academic advisor to discuss possible options for rotating science courses.
**PLANNING TIPS**

CNS Premier Partner institutions offer a wide selection of courses that will count toward major requirements, including HDF courses. See the My Credit Abroad database for the most up-to-date listing of all pre-approved courses.

Speak with your academic advisor early on for the most flexibility in planning your time abroad!

Study abroad for HDFS majors is recommended during fall semester of the third year, but other terms may be possible with careful planning.

Going abroad during your final semester is not recommended, as the delay in processing course credits could prevent you from graduating on time.

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**MY STUDY ABROAD PLAN**

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“Once you have a list of the programs you’re interested in, speak with your academic advisor to select classes you can take abroad that will count toward your degree.”

— Carolina Camargo Gonzalez, Ghana
WAYS TO GET STARTED

Discover more at http://world.utexas.edu/

TALK TO YOUR ACADEMIC ADVISOR
Your advisor can help identify the best course options to meet degree requirements and can help determine the ideal semester to participate.

STUDY ABROAD PEER ADVISORS
Peer advisors can help you explore options and answer questions during walk-in hours at the International Office. See walk-in hours here: http://world.utexas.edu/abroad/advising/peeradvisors

PROGRAM SEARCH ENGINE
Explore more than 400 study abroad programs.

MY CREDIT ABROAD DATABASE
Find over 10,000 pre-approved foreign courses with UT equivalents.

ON CAMPUS ADVISING AND EVENTS
Walk-in advising and information sessions are available throughout the academic year. Dates, times, and locations are found on the calendar on the main Study Abroad website.

FUNDING STUDY ABROAD
Understand your funding options, financial aid, online tools, and available scholarships: http://world.utexas.edu/abroad/funding

CONTACT US
Phone: (512) 471-6490
Email: studyabroad@austin.utexas.edu
Web: http://world.utexas.edu/abroad
Facebook: http://www.facebook.com/longhorns.abroad

Take the world by the horns.